

Precise Targeted Therapy for Bone Metastases with ^{177}Lu -TBM: Improve the Quality of Life

Nuclear medicine colleagues in the affiliated hospital of Southwestern Medical University in China published their work on theranostics use of a novel bone affinity agent $^{68}\text{Ga}/^{177}\text{Lu}$ - DOTA-IBA in main stream journals, recently.

In March 2021, staff in this nuclear medicine department independently designed, screened and synthesized drug precursor DOTA-Ibandronate, with over 95% purity. In June 2021, labeling, quality control and stability experiments of $^{68}\text{Ga}/^{177}\text{Lu}$ - DOTA-IBA were completed. In August 2021, preclinical studies in animal were completed.

^{68}Ga - DOTA-IBA detected 49.6% more bone metastases than $^{99\text{m}}\text{Tc}$ -MDP in a comparison study with 168 patients. The T/NT ratio of bone metastases in ^{68}Ga - DOTA-IBA imaging ranges from 9 to 20.

^{68}Ga - DOTA-IBA imaging can guide ^{177}Lu - DOTA-IBA precise targeted therapy; every cycle of treatment was performed 6 to 8 weeks apart. The T/NT ratio of ^{177}Lu - DOTA-IBA in bone metastases was 9-26.8, which was significantly higher than that of other bone affinity radiopharmaceuticals. After ^{177}Lu - DOTA-IBA treatment, patients experienced significant pain relief, and the pain score (NRS) dropped from 2.53 ± 1.55 (baseline) to 0.67 ± 0.97 ($p < 0.001$). Pain relief effect was prompt and sustainable. Patient's life quality score (KPS) increased from 77.22 ± 12.27 at baseline to 91.11 ± 7.58 at week 4. There was no significant side effects in follow-up.

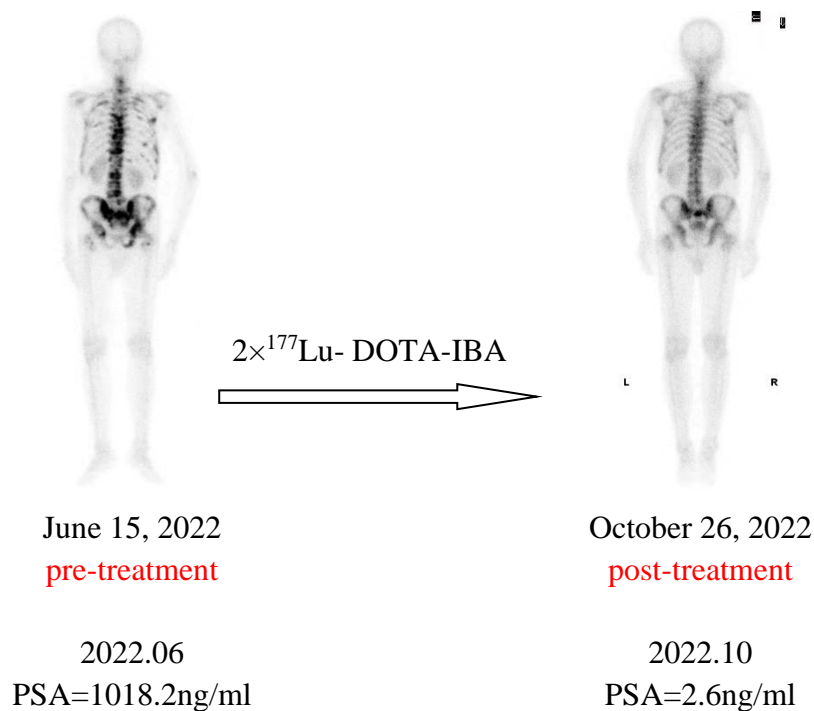


Fig. Left: ^{99m}Tc -MDP bone scintigraphy of a prostate cancer patient with bone metastases before ^{177}Lu -TBM treatment, showing multiple bone metastases throughout the body; Right: ^{99m}Tc -MDP bone scintigraphy after 2 cycles of ^{177}Lu -TBM treatment, showing the systemic lesions and the tracer uptake were significantly reduced.

References:

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